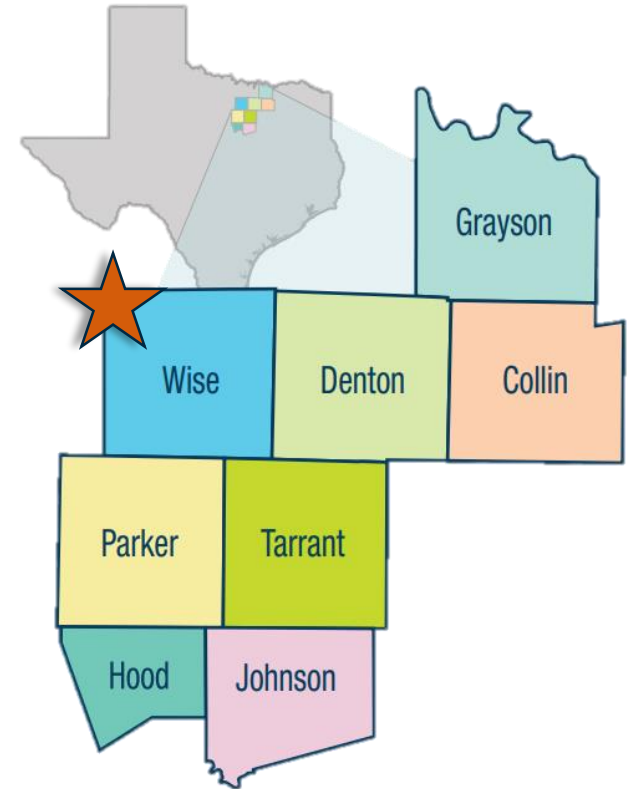




## Cook Children's Wise County Child Health Summit

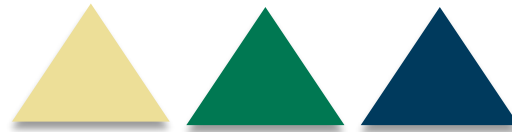
May 3, 2022

*Dedicated to improving the health  
of children in our communities*



# Call to Order

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Questions about the  
data or our process?  
Please email:  
[CHNAFeedback@  
cookchildrens.org](mailto:CHNAFeedback@cookchildrens.org)

# Agenda

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Cook Children's Commitment

Opening Address

2021 CHNA Data Presentation

*Break*

Overview of Wise Coalition for Healthy Children's  
Recent Efforts

Award Presentation

Group Discussion

Call to Action/Adjourn

# Introduction

**Becki Hale,**  
EdD, MA, RDH



Director, Child Health Evaluation  
The Center for Children's Health  
**Cook Children's Health Care System**

# Our Commitment



## Cook Children's Promise

Knowing that every child's life is sacred, it is the promise of Cook Children's to improve the health of every child through the prevention and treatment of illness, disease and injury.

# Introduction

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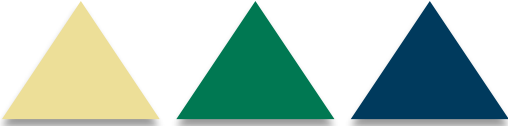
Judge Clark



The Honorable J.D. Clark  
Wise County Judge

# Welcome Address

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## 2021 Community Health Needs Assessment (CHNA)

- Collaboration Highlights
- Methodology
- Survey Demographics
- CHNA Data Results for Wise County



# Many Thanks!

## Cook Children's CHNA Administrator

Linda Fulmer  
Fulmer & Associates

## Data Collection Partners

Chris Tatham, CEO  
ETC Institute

Camille Patterson, PhD and Jenny Lewis  
MHMR Tarrant County

Emily Spence, PhD, Erika Thomson, PhD, Stacy Griner, PhD and team  
University of North Texas Health Science Center

Carol Klocek  
Center for Transforming Lives

## Cook Children's Partners and Supporting Departments

The Center for Children's Health  
Compliance  
Finance  
Healthcare Analytics  
Health Equity, System Administration  
Health Plan

Internal Audit  
Legal  
Media Services  
Research  
Strategic Marketing and Communication



## External Advisory Committee Members

JULY 2020 – AUGUST 2021

John Biggan, PhD	ACH Child and Family Services
Godfred Boateng, PhD	Univ. of Texas Arlington
Stephanie Chandler	United Way of Grayson County
Kenyaree Cofer	Cornerstone Comm. Action Agency
<b>Kimberly Dunlap</b>	<b>Slidell ISD</b>
<b>Robin Garrett</b>	<b>Paradise ISD</b>
Leah King	United Way of Tarrant County
Airykka Lasley	Center for Transforming Lives
Lexi Lee	Lee Counseling Services
Tammy Mahan	LifePath Systems
Becky Mauldin	United Way of Hood County
Keely McCrady	Texas Agrilife Johnson County
Micky Moerbe	Tarrant County Public Health
<b>Deanna Ochoa</b>	<b>Dept. of State Health Services</b>
Ruby Peralta	Maximus
Matt Richardson, DrPH	Denton County Public Health
Betty White	Granbury ISD
The Honorable B. Glen Whitley	Tarrant County

# 2021 CHNA Methodology

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Parent/Caregiver  
Survey



Face to Face  
Interviews  
with  
Underserved  
Population



Virtual Focus  
Groups with  
Parents



Community Leader  
Survey and  
Interviews



Secondary  
Research

# 2021 CHNA Methodology

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[Link to Video on YouTube](#)

2021

Community Health Needs Assessment

CookChildren's

The Center for Children's Health  
at Cook Children's

## FAQs: General Info about the CHNA

### What is a CHNA?

CHNA is the acronym for Community Health Needs Assessment. Cook Children's is conducting an assessment to collect comprehensive data about children's health (ages 0 – 17) in our eight-county service region (Collin, Denton, Grayson, Hood, Johnson, Parker, Tarrant and Wise counties).



Cook Children's 8-county service region is located in North Texas.

### Why conduct a CHNA?

Everything we do at Cook Children's focuses on the Promise we've made to our community to improve the health of every child in our region through the prevention and treatment of illness, disease and injury. The CHNA helps us fulfill this Promise by providing credible data that guides our strategies for preventing illness and injury to children. The CHNA also meets federal requirements for non-profit hospitals to focus community benefit strategies on the most critical health care needs in the communities we serve.

### How is CHNA data collected?

Cook Children's conducts a stratified random sample survey of parents to ask questions about how various health issues impact their children and how easy or difficult it is to obtain care. We also conduct focus groups to provide an opportunity for parents to tell us about issues not included in the survey. CHNA also includes health data from government and other reliable sources as well as a survey of community leaders. A children's art contest helps us better understand how children feel about their health.

### How does this data help our community?

There are multiple obstacles to maintaining good health for many families such as poverty, discrimination, lack of access to good jobs with fair pay, quality education, housing and safe environments. Addressing these obstacles requires a collaborative, community approach. One organization cannot act alone and be successful. Effective partnerships create a shared vision and increase the community's capacity to shape outcomes.

With accurate information representative of the needs of a community, partners can increase understanding about children's health and the factors that influence it, identify priority needs for community action, develop solutions to address priorities, and evaluate the results of their efforts.

For additional information, email [CHNAFeedback@cookchildrens.org](mailto:CHNAFeedback@cookchildrens.org)

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2021

Community Health Needs Assessment

CookChildren's

The Center for Children's Health  
at Cook Children's

## FAQs: Child Demographics

### Who completed the 2021 Parent Survey (CCHAPS)?

For the Eight-County Service Area, the Parent Survey was administered to a random sample of parents/caregivers of children (age 0-17) by a combination of mail, phone, or the Internet. We received 5,715 responses. After weighting, this represents the population estimate of 1,269,810 children (age 0-17).

For the Special Population, the CCHAPS Parent Survey was administered to a convenience sample of parents/caregivers of children (age 0-17) experiencing homelessness or with undocumented status by face-to-face interviews. We received 229 responses. These results are not weighted; however, data is used to identify health equity gaps or additional needs with this population.

\*CCHAPS = Community-wide Children's Health Assessment & Planning Survey

### CHILD RACE & ETHNICITY

	8-County Service Area	
	Sample	Weighted %
Hispanic	1,008	21.5
White, Non-Hispanic	3,441	53.4
Black, Non-Hispanic	501	6.3
Asian, Non-Hispanic	205	7.4
Other, Non-Hispanic	338	7.5
Not Provided	49	1.1
Total	5,715	100%

	Special Population	
	Sample	Unweighted %
Hispanic	87	42.4
White, Non-Hispanic	36	12.7
Black, Non-Hispanic	81	26.6
Asian, Non-Hispanic	3	0.8
Other, Non-Hispanic	16	6.3
Not Provided	21	8.2
Total	229	100%

See additional FAQs for report of Family & Caregiver Demographics. For additional information, email [CHNAFeedback@cookchildrens.org](mailto:CHNAFeedback@cookchildrens.org)

Page 2 of 9

### WHERE FAMILIES LIVE

	8-County Service Area				Special Population	
	Sample	Unweighted %	Pop Estimate	Weighted %	Sample	Unweighted %
Collin	515	9.0	265,400	20.9	-	-
Denton	1,910	17.7	215,240	17.3	-	-
Grayson	209	3.6	21,940	2.5	-	-
Hood	158	2.7	12,230	1.0	-	-
Johnson	462	8.0	145,140	11.4	-	-
Parker	471	8.2	36,070	2.8	-	-
Tarrant	2,682	46.9	547,340	43.1	-	-
Wise	218	3.8	16,350	1.3	-	-
Total	5,715	100%	1,269,810	100%	229	100%

### BY CAREGIVER/CHILD RELATIONSHIP

Relationship	8-County Service Area		Special Population	
	Sample	Weighted %	Sample	Unweighted %
Biological or Adoptive Parent	5,128	88.5	188	82.1
Grandparent	396	7.7	24	10.5
Other Relative	76	1.7	3	1.3
Step-parent	67	1.2	10	4.4
Foster Parent	20	0.4	2	1.3
Other Non-relative	13	0.3	0	0
Not Provided	19	0.1	1	0.4
Total	5,715	100%	229	100%

### CHILD GENDER & AGE

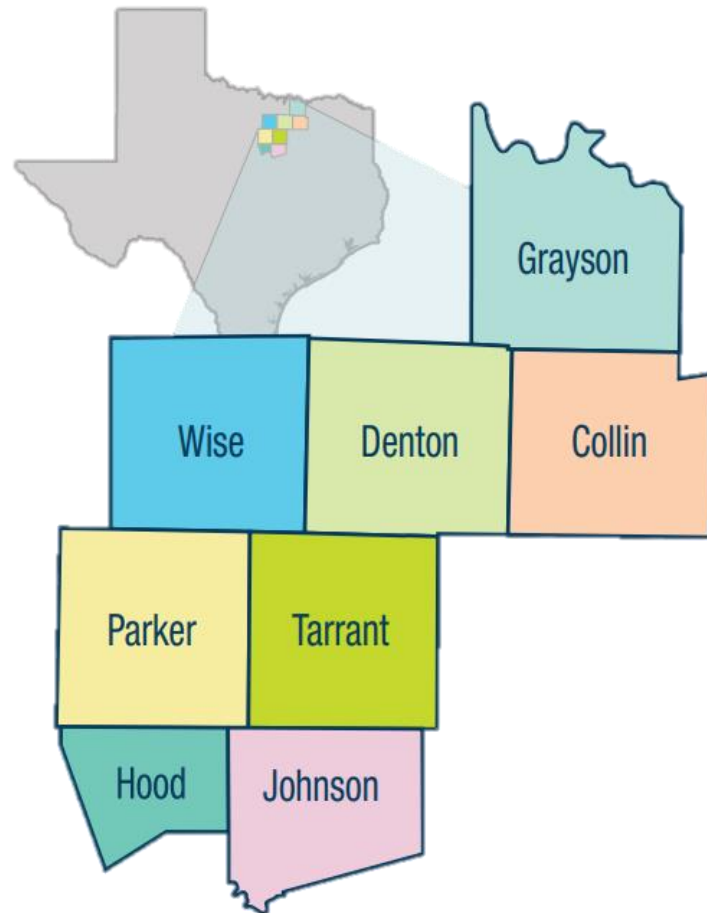
Gender	8-County Service Area		Special Population	
	Sample	Weighted %	Sample	Unweighted %
Male	2,911	50.0	102	43.3
Female	2,805	49.0	99	43.2
Not Provided	4	0.1	27	11.8
Total	5,715	100%	229	100%

Child Age	8-County Service Area		Special Population	
	Sample	Weighted %	Sample	Unweighted %
<1 year	158	3.1	17	7.4
1 year	175	3.1	29	12.7
2 years	207	3.9	17	7.4
3 years	192	4.0	8	3.5
4 years	204	3.9	13	5.7
5 years	227	4.2	10	4.4
<b>0-5 Years Total</b>	<b>1,743</b>	<b>30.2</b>	<b>94</b>	<b>41.1</b>

6 years	227	4.2	8	3.5
7 years	224	4.0	6	2.5
8 years	226	4.0	10	4.4
9 years	380	6.2	13	5.7
10 years	307	5.6	12	5.2
11 years	319	5.8	11	4.8
<b>6-11 Years Total</b>	<b>1,394</b>	<b>24.8</b>	<b>62</b>	<b>27.1</b>

12 years	425	7.1	15	6.6
13 years	438	7.9	13	5.7
14 years	469	8.2	10	4.4
15 years	483	8.4	9	3.9
16 years	520	9.1	10	4.4
17 years	851	15.1	15	6.6
<b>12-17 Years Total</b>	<b>2,968</b>	<b>51.8</b>	<b>72</b>	<b>31.6</b>
Not Provided	35	0.6	1	0.4
Total	5,715	100%	229	100%

# Geography



## Parent/Caregiver Survey

### 8-County Service Area

County	Sample	Population Estimate
Collin	515	265,400
Denton	1,013	215,340
Grayson	200	31,950
Hood	156	12,230
Johnson	460	145,140
Parker	471	36,070
Tarrant	2,682	547,340
<b>Wise</b>	<b>218</b>	<b>16,350</b>
<b>TOTAL</b>	<b>5,715</b>	<b>1,269,810</b>

# Community Leader Survey Demographics



### Primary County

Collin	5.9%
Denton	11.1%
Grayson	16.0%
Hood	7.8%
Johnson	5.6%
Parker	7.2%
Tarrant	41.2%
<b>Wise</b>	<b>5.2%</b>

### Role in Community

Business	8.2%
Clergy/Religious/ Faith Based	4.2%
Community Volunteer	9.5%
<b>Educator/School Official</b>	<b>15.4%</b>
Elected Official	5.6%
Government Employee/ Public Health	12.7%
<b>Medical/Dental/Mental Health Professional</b>	<b>31.0%</b>
<b>Social Services/ Nonprofit</b>	<b>27.5%</b>
Other	3.3%



**306 Total Responses**

# Introduction

## Data Presentation



Blair Williams, MPA,  
MBA, CPH  
**Analyst,  
Child Health Evaluation**



Lauren Purvis, MPH,  
CPH, MCHES  
**Manager,  
Child Wellness**

# H.E.L.P. for Children & Families

Community Health Needs and Equity Gaps



**Wise County** Child Health Summit | **May 3, 2022**

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**How do we help *every*  
child with their health needs?**

# H.E.L.P. for Children & Families

Community Health Needs and Equity Gaps

## 2021 CHNA Data Sources Included in this Presentation

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- **Survey of caregivers with children (ages 0-17)** provides a representative sample of Wise County and local 8-county service area children. Descriptive findings reflect caregiver's perspective on their child's health, learning, and safety. Benchmark with national and state estimates are available for select questions.
- **Face-to-face survey of 200+ underserved caregivers** with children (ages 0-17).
- **Survey of 300+ community leaders** in 8-county area.
- **Interviews of 25+ community leaders** in 8-county area.
- **Six focus groups and one interview with 20+ caregivers** in 8-county area.
- **Secondary data** such as US Census, NSCH, CDC.

**Underserved caregivers:** Caregivers of children (ages 0-17) at homeless shelter and/or have at least one undocumented family member.

**NSCH:** Child and Adolescent Health Measurement Initiative, 2019-2020 National Survey of Children's Health.

**CDC:** Centers for Disease Control and Prevention. CDC WISQARS (Web-based Injury Statistics Query and Reporting System).

# H.E.L.P. for Children & Families

Community Health Needs and Equity Gaps

## Community Health Needs

- Oral Health
- Mental Health
- Healthy Lifestyles
- Parenting and Family Support
- Injury Prevention
- Asthma
- Overall Health and Equitable Access to Care



# H.E.L.P. for Children & Families

Community Health Needs and Equity Gaps

## What are social determinants of health?

“Conditions in the environments where people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.”



# How do we HELP every child with their health needs?

## H.E.L.P. for Children & Families

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Framework for Reporting Community Health Needs & Equity Gaps

HHealth

Equitable Access to Care & Basic Needs

Environment

Safety Where Children Live, Learn, & Play

Learning

Readiness & Support for Academic Success

Parenting

Parenting & Family Support

# H.E.L.P. for Children in Wise County & 8-County Service Area

Community Health Needs and Equity Gaps

## Health

### Equitable Access to Care & Basic Needs

- Health status
- Oral health status
- Mental health status
- Preventive care
- Received all needed care (medical, dental, mental)
- Access to basic needs



# H.E.L.P. for Children

Equitable Access to Care & Basic Needs

## Wise County Children

2021 CHNA Survey of Caregivers with Children

Most children have  
'excellent' or 'very  
good' health,  
mental health, or  
oral health.

– According to child's caregiver

### Health Status



**8 in 10 children**  
(ages 0-17)

### Mental Health Status



**7 in 10 children**  
(ages 6-17)

### Oral Health Status



**7 in 10 children**  
(ages 1-17)

**Local Benchmark:** 8-county service area results from 2021 CCHAPS administered to parents/caregivers of children (ages 0-17) n=5,715.

**Wise County:** 2021 CCHAPS administered to parents/caregivers of children (ages 0-17) n= 218.

# H.E.L.P. for Children

Equitable Access to Care & Basic Needs

## Health Status of Wise County Children

2021 CHNA Survey of Caregivers with Children



**8 in 10 children** (ages 0-17)  
have **'excellent' or 'very good' health**

### Trends:

This rate (85%) is **lower than** the local rate and US and TX benchmarks *from before and during the pandemic*

- 88% 8-county local rate (2021)
- 90% U.S. (2019); 90% U.S. (2020)
- 90% Texas (2019); 88% Texas (2020)

### Needs & Gaps:

- ~2,400 children don't have *ideal health status*
- *Ideal health status rate by age group*
  - 84% in 0-5 age group
  - 91% in 6-11 age group
  - 81% in 12-17 age group

**Local Rate Benchmark:** 8-county service area results from 2021 CCHAPS administered to parents/caregivers of children (ages 0-17) n=5,715.

**US and Texas Benchmarks:** Child and Adolescent Health Measurement Initiative, 2019-2020 National Survey of Children's Health.

**Wise County:** 2021 CCHAPS administered to parents/caregivers of children (ages 0-17) n= 218.

**Population Estimates:** US CENSUS 2019, American Community Survey 5-Year Estimates (ages 0-17): 16,350 for Wise County.



# H.E.L.P. for Children

Equitable Access to Care & Basic Needs

## Mental Health Status in Wise County

2021 CHNA Survey of Caregivers with Children



**7 in 10 children** (ages 6-17)  
have **'excellent' or 'very good' mental health**

### Needs & Gaps:

- ~2,600 children don't have *ideal mental health status*
- *Ideal mental health status rate by age group*
  - 81% in 6-11 age group
  - 69% in 12-17 age group

### Trends:

This rate (75%) is **consistent with** the local rate

- 73% 8-county local rate (2021)

**Local Benchmark:** 8-county service area results from 2021 CCHAPS administered to parents/caregivers of children. (Ages 6-17) n=4,492.

**Wise County:** 2021 CCHAPS administered to parents/caregivers of children. (Ages 6-17) n= 153.

**Population Estimates:** US CENSUS 2019, American Community Survey 5-Year Estimates (ages 6-17): 10,370 for Wise County.

# H.E.L.P. for Children

Equitable Access to Care & Basic Needs

## Oral Health Status of Wise County Children

2021 CHNA Survey of Caregivers with Children



**7 in 10 children** (ages 1-17)  
have 'excellent' or 'very good' oral health

### Trends:

This rate (71%) is **slightly lower** than the local rate and US and TX benchmarks *during the pandemic*

- 74% 8-county local rate (2021)
- 80% U.S. (2019); 77% U.S. (2020)
- 81% Texas (2019); 74% Texas (2020)

### Needs & Gaps:

- ~4,400 children don't have *ideal oral health status*
- *Ideal oral health status rate by age group*
  - 84% in 1-5 age group
  - 68% in 6-11 age group
  - 62% in 12-17 age group

**Local Benchmark:** 8-county service area results from 2021 CCHAPS administered to parents/caregivers of children (ages 1-17) n=5,527.

**US and Texas Benchmarks:** Child and Adolescent Health Measurement Initiative, 2019-2020 National Survey of Children's Health.

**Wise County:** 2021 CCHAPS administered to parents/caregivers of children (ages 1-17) n= 204.

**Population Estimates:** US CENSUS 2019, American Community Survey 5-Year Estimates (ages 1-17): 15,030 for Wise County.

# H.E.L.P. for Children

Equitable Access to Care & Basic Needs

## Receiving Needed Healthcare in Wise County

2021 CHNA Survey of Caregivers with Children



**3 in 4 children** (ages 0-17)  
received **all needed healthcare**

### Trends:

This rate (75%) is **consistent with** the local rate, though both Wise and local rates are **much lower** than the US and TX benchmarks *from before and during the pandemic*.

- 72% 8-county local rate (2021)
- 97% U.S. (2019); 96% U.S. (2020)
- 95% Texas (2019); 93% Texas (2020)

### Needs & Gaps:

- ~4,000 children did not *receive all needed healthcare*
  - Top reasons include:
    - COVID-19 pandemic
    - Insurance not sufficient to cover cost
    - Services not available in child's area
- Forgone care by type of care:
  - ~1,800 (12%) did not receive all needed dental care
  - ~1,600 (10%) did not receive all needed medical care
  - ~800 (5%) did not receive all need mental care

**Local Benchmark:** 8-county service area results from 2021 CCHAPS administered to parents/caregivers of children (ages 0-17) n=5,715.

**US and Texas Benchmarks:** Child and Adolescent Health Measurement Initiative, 2019-2020 National Survey of Children's Health.

**Wise County:** 2021 CCHAPS administered to parents/caregivers of children (ages 0-17) n= 218.

**Population Estimates:** US CENSUS 2019, American Community Survey 5-Year Estimates (ages 0-17): 16,350 for Wise County.

# H.E.L.P. for Children

Equitable Access to Care & Basic Needs

## Child Health Insurance in Wise County

2021 CHNA Survey of Caregivers with Children



**9 in 10 children** (ages 0-17)  
have **continuous health insurance coverage**

### Trends:

This rate is **consistent with** the local rate and Texas benchmarks *from before and during the pandemic*

### Needs & Gaps:

- ~2,300 children don't have *continuous health insurance*.

Top reasons include:

- Change in employer/unemployment (51%)
- Dropped coverage because it was unaffordable (38%)
- Problems with application or renewal process (30%)

**Local Benchmark:** 8-county service area results from 2021 CCHAPS administered to parents/caregivers of children (ages 0-17) n=5,715.

**US and Texas Benchmarks:** Child and Adolescent Health Measurement Initiative, 2019-2020 National Survey of Children's Health.

**Wise County:** 2021 CCHAPS administered to parents/caregivers of children (ages 0-17) n= 218.

**Population Estimates:** US CENSUS 2019, American Community Survey 5-Year Estimates (ages 0-17): 16,350 for Wise County.

# H.E.L.P. for Children in 8-County Service Area

Equitable Access to Care & Basic Needs

## Barriers to Receiving Care

Parents and Community Leaders

Some families have to drive 40+ miles to find a provider, or a provider who takes their insurance.

They may need to miss work or school to receive needed care.

Families may not seek care for fear of being reported.

“A lot of the time I have to go 30, 40 miles from my house just to see a doctor because doctors in my area don't take my insurance for my kids. And it makes it extremely difficult. Especially if you don't have reliable transportation.”

– parent @ focus group

“The nurse and the front office lady have both made remarks about how much school my kids have missed due to doctor's appointments.” – parent @ focus group

“Some facilities don't see children and other have very specific criteria to go there. Undocumented families can't get help and are often scared to get services.” – community leader interview

# H.E.L.P. for Children in 8-County Service Area

Community Health Needs and Equity Gaps

## Access to Basic Needs

---

Community Leaders



**Over 60% of community leaders surveyed felt poverty and affordable housing were serious problems for children in their communities.**

“There is such a distinction between **the *haves*** and the ***have nots***.” – community leader interview

“Hard to find adequate and decent housing - not many rentals. Super expensive or low quality. Wait list for housing is super long. Some are in cars because there is no available housing.”  
– community leader interview

“Affordable housing (or the lack of) contributes to child homelessness. **Housing effects everything - and their health and access to health.**  
– community leader interview

---

Community Leaders: Survey administered to community leaders in 8-county service area. n= 306.

# H.E.L.P. for Children

Equitable Access to Care & Basic Needs

## Household Income in Wise County

2021 CHNA Survey of Caregivers with Children

### Trends:

The median family income of households with children in Wise County is **\$73k.**

- US Census, 2019: ACS 5-Year Estimates

Below \$75k / \$75k+

### Needs & Gaps:

Over **7,200 children** live in households with income **below \$75k**  
Compared to children in households with income \$75k or more:

- Less likely to have *ideal health status* [79% vs 90%]
- Less likely to have *ideal mental health status* [73% vs 77%]
- Less likely to have *ideal oral health status* [62% vs 78%]
- Less likely to have *continuous health insurance* [73% vs 93%]
- Less likely to *receive all needed health care* [71% vs 79%]
- Less likely to have *access to nutritious foods* [47% vs 80%]

**Wise County:** 2021 CCHAPS administered to parents/caregivers of children (ages 0-17) n= 218.

**Population Estimates:** US CENSUS 2019, American Community Survey 5-Year Estimates (ages 0-17): 16,350 for Wise County.

# H.E.L.P. for Children

Equitable Access to Care & Basic Needs

## Access to Basic Needs

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Parents and Community Leaders

Child health and well-being is impacted by limited access to basic needs, such as food, housing, and healthcare.

Access to nutritious foods, physical activity, and family support helps children achieve and maintain overall wellness.

“The challenge is equitable access to health and healthy food. There are populations with even greater needs because of COVID-19.” – community leader interview

“Dentistry for kids is critically important. A good smile and good dental health is good mental health.”  
– community leader interview

“So we can tell people all day long that they need to have their kids in these [outdoor] activities, but if they're working two jobs, they can't afford to just take them to the park every day and they can't afford to put them in these activities. I think that between the nutrition lacking and then the activity lacking, then that creates a big snowball effect.” – parent @ focus group



# H.E.L.P. for Children in Wise County & 8-County Service Area

Community Health Needs and Equity Gaps

## How do we HELP every child with their health needs?

### HHealth

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#### Equitable Access to Care & Basic Needs

- Equitable access to preventive care & treatment
- Access to basic needs, such as housing and food

“The pandemic impacted basic needs and food. Our community really stepped up to the plate – churches and programs helped young kids with food and adults who may have lost their jobs. Proud of our community.

**The community really came together.”**

– community leader interview

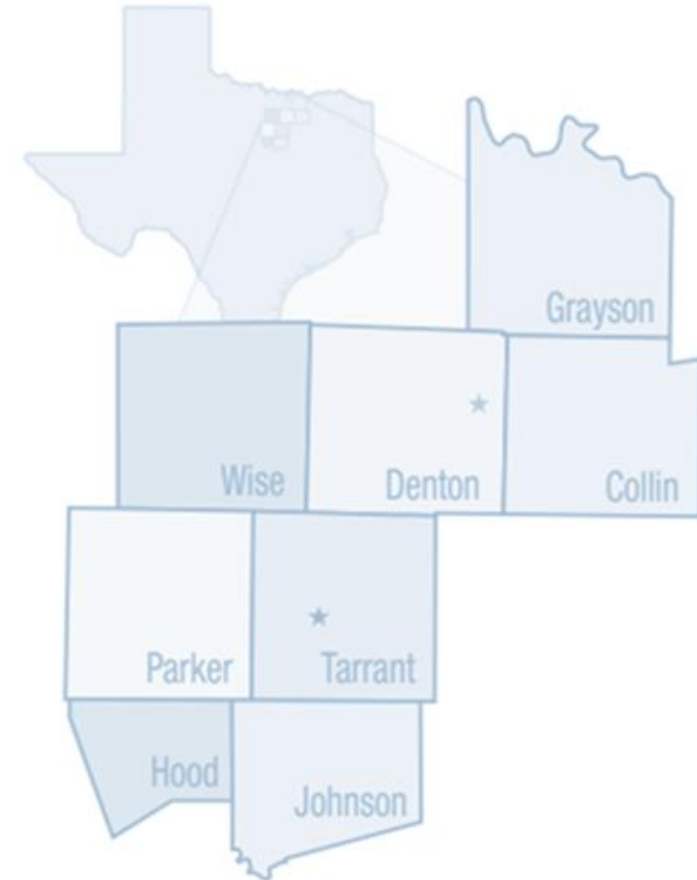
# H.E.L.P. for Children in Wise County and 8-County Service Area

Community Health Needs and Equity Gaps

## Environment

### Safety Where Children Live, Learn, & Play

- ER visit due to accidental injury
- Adverse Childhood Experiences (ACEs)
- Neighborhood & School safety



# H.E.L.P. for Children

Safety Where Children Live, Learn, & Play

## Accidental Injury in Wise County

2021 CHNA Survey of Caregivers with Children ages 0-17

**Nearly 1 in 8 children**  
received emergency care  
for an accidental injury.

Estimated number of children: 1,800

### Trends:

Leading Causes of **Unintentional Injury Death** in US & TX

- For infants, suffocation due to unsafe sleep environments
- For children 1-4 years, drowning
- For children 5-17 years, motor vehicle traffic accidents
- For young children & teens, poison and firearm injuries

“All those injuries typically happen in one moment instance, like you’ve looked away for a second and that’s when it happens.” – parent @ focus group

“Some kids aren’t in the appropriate car seat – either they can’t afford one, don’t use it, or they’re expired.” – community leader interview

“Need to give out lifejackets and promote water safety to parents.” – community leader interview

“Thinking about parents who have to work - there may be some **kids home alone**. Or an older sibling supervising younger kids. Perfect storm for injury.” – community leader interview

**Wise County:** 2021 CCHAPS administered to parents/caregivers of children (ages 0-17) n= 218.

**Population Estimates:** US CENSUS 2019, American Community Survey 5-Year Estimates (ages 0-17): 16,350 for Wise County.

**Leading Causes:** CDC WISQARS (Web-based Injury Statistics Query and Reporting System).

# H.E.L.P. for Children

Safety Where Children Live, Learn, & Play

## Home Safety in Wise County

2021 CHNA Survey of Caregivers with Children ages 0-17

# 1 in 8 children

has two or more

**Adverse Childhood Experiences (ACEs).**

Estimated number of children: 2,200

### Leading ACEs in Wise County:

- Parent or guardian divorced or separated (22%)
- **Lived with anyone who was mentally ill, suicidal, depressed (11%)**
- **Lived with anyone who had a problem with drugs, alcohol (9%)**
- Parent or guardian served time in jail (8%)
- Witness violence in the home (4%)

### Trends:

This rate (14%) **is consistent** with local rate, US and TX benchmarks *from before and during the pandemic.*

- 14% 8-county local rate (2021)
- 15% U.S. (2019); 15% U.S. (2020)
- 16% Texas (2019); 14% Texas (2020)

**“I think that living with this COVID-19 Pandemic is an ACE.”**

– community leader interview

**“When you look at ACEs, all of this ties into each other. Youth involved in risk behavior, substance abuse, mental health... it all ties together.”** – community leader interview

**“One of the ways kids show signs of stress or depression is by fighting or acting out.”** – community leader interview

**US and Texas Benchmarks:** Child and Adolescent Health Measurement Initiative, 2019-2020 National Survey of Children's Health.

**Wise County:** 2021 CCHAPS administered to parents/caregivers of children (ages 0-17) n= 218.

**Population Estimates:** US CENSUS 2019, American Community Survey 5-Year Estimates (ages 0-17): 16,350 for Wise County.

# H.E.L.P. for Children

Safety Where Children Live, Learn, & Play

## Child Safety in Wise County

2021 CHNA Survey of Caregivers with Children ages 0-17

**Children in households with annual family income below \$75k may have greatest safety needs.**

Below \$75k / \$75k or more

### Needs & Gaps

Compared to children in with income \$75k or more:

- More likely to have at least 2 ACEs [22% vs 6%]
- Less likely to feel safe in neighborhood [73% vs 86%]
- Less likely to feel child is safe at school [66% vs 78%]
- Less likely to safely store firearm in locked area [81% vs 87%]

“In the last year we have seen quite a **big increase in the amount of trauma** our kids are experiencing at home and a lot stems from parents losing jobs, loss of housing, a lot of kids living in cars, motels, or couch surfing.”

- community leader interview

“Because of the affordable housing crisis, we have many families living together. Multiple families are sharing a small duplex. **Thinking about sanitation, mental health, safety...**”

- community leader interview

# H.E.L.P. for Children in Wise County & 8-County Service Area

Community Health Needs and Equity Gaps

## How do we HELP every child have safety from harm?

### Environment

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#### Safety Where Children Live, Learn, & Play

- Equitable access to emergency care & injury prevention resources
- Access to safe, stable housing, and food
- Parenting & family support

“The community is engaged and did a great job trying to combat food insecurity and provide rental assistance. Also, our child advocacy center (CAC) saw an increase in case volume - what was to be expected during the pandemic. Our CAC is highly functioning and did a great job responding.”

– community leader interview

# H.E.L.P. for Children in Wise County & 8-County Service Area

Community Health Needs and Equity Gaps

## Learning

### Readiness & Support for Academic Success

- School Readiness (3-5 year olds)
- Developmental Delay (3-17 year olds)
- Learning Disability (3-17 year olds)
- Mental Health (ages 6-17)
- Coping skills, resiliency, self-regulation (ages 6-17)



# H.E.L.P. for Children

Readiness & Support for Academic Success

## School Readiness in Wise County

2021 CHNA Survey of Caregivers with Children



**7 in 10 children** (ages 3-5)

are developmentally ready for school based  
caregiver's perception of growth and skills

### Trends:

Similar to local rate (70%), the Wise County rate (70%) of 3-5 year olds who may be developmentally ready for school is **lower** than US (75%) and TX (81%) benchmarks *from before the pandemic*

### Needs & Gaps:

- ~800 children may not *have school readiness*

“With COVID, [it] became very different from her going to school and being in daycare where she's around other babies and the teachers are helping her with those milestones. She very quickly fell behind.”

– parent @ focus group

**US and Texas Benchmarks:** Child and Adolescent Health Measurement Initiative, 2019 National Survey of Children's Health.

**8-county (Local) and Wise County:** 2021 CCHAPS administered to parents/caregivers of children (ages 3-5) in 8-county (n= 653) and Wise (n=30).

**Population Estimates:** US CENSUS 2019, American Community Survey 5-Year Estimates for children ages 3-5 in 8-county (204,050) and Wise (2,820).



# H.E.L.P. for Children

Readiness & Support for Academic Success

## Child Development & Learning in Wise County

2021 CHNA Survey of Caregivers with Children



**9 in 10 children** (ages 3-17)

**do not have a developmental delay**

*Caregiver told by health care provider or educator*



**8 in 10 children** (ages 3-17)

**do not have a learning disability**

*Caregiver told by health care provider or educator*

### Needs & Gaps:

- ~1,100 have ever been told have a developmental delay
- ~2,300 have ever been told have a learning disability

“In terms of kids struggling with their emotions.. ‘where should my kid be, in terms of their development?’ And then, ‘How am I responding to that?’” – parent @ focus group

**US and Texas Benchmarks:** Child and Adolescent Health Measurement Initiative, 2019 National Survey of Children’s Health.

**Wise County:** 2021 CCHAPS administered to parents/caregivers of children (ages 3-17) in 8-county (n= 5,145) and Wise (n=183).

**Population Estimates:** US CENSUS 2019, American Community Survey 5-Year Estimates for Wise County children ages 3-17 is 13,189.

# H.E.L.P. for Children

Readiness & Support for Academic Success

## Child Mental Health in Wise County

2021 CHNA Survey of Caregivers with Children



**6 in 10 children** (ages 6-17)

**do not have one of the most commonly diagnosed mental health conditions**

*Caregiver-report of diagnosis by healthcare provider  
(Anxiety, ADHD, Behavioral/Conduct Problems, Depression)*

### Trends:

The Wise County rate (43%) of children **with at least one commonly diagnosed mental health condition is higher** than local rate (31%) and the US (23%) and TX (23%) benchmarks *from before the pandemic*

### Needs & Gaps:

- **~4,400 children** have at least one common mental condition
  - *By income:* **Highest in incomes below \$75k [52%] vs \$75 or more [38%]**
  - *By age group:* **Highest in ages 12-17 [52%] vs ages 6-11 [32%]**
  - *By ACEs:* **Highest among children with 2-8 ACEs [60%] vs 0 ACEs [36%]**

**“With the pandemic, our mental health has been tested. We are focused on suicide prevention, access to food, and youth resiliency.”**  
– community leader interview

**US and Texas Benchmarks:** Child and Adolescent Health Measurement Initiative, 2019 National Survey of Children’s Health.

**Wise County:** 2021 CCHAPS administered to parents/caregivers of children (ages 6-17) n= 153.

\*Response option on NSCH and CCHAPS survey listed as “ADD/ADHD”

**Population Estimates:** US CENSUS 2019, American Community Survey 5-Year Estimates for Wise County children ages 6-17 is 10,370.

# H.E.L.P. for Children

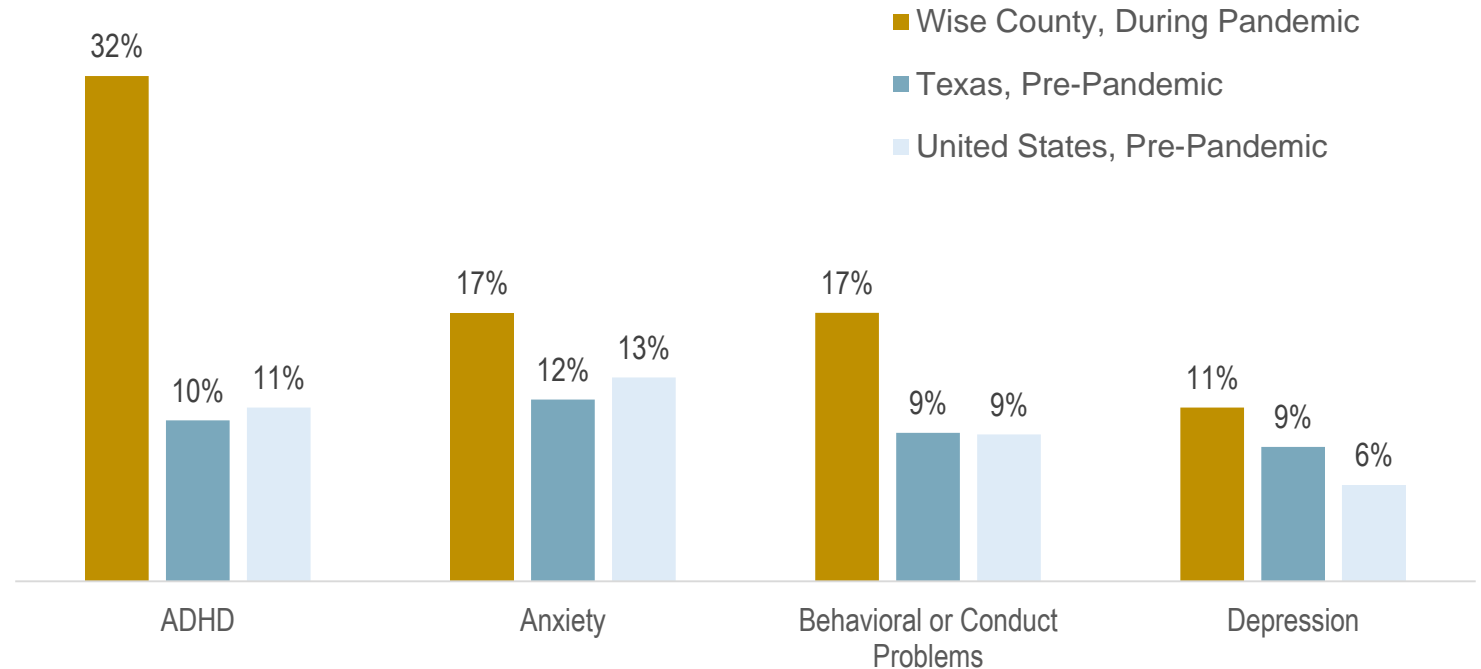
Readiness & Support for Academic Success

## Child Mental Health in Wise County

2021 CHNA Survey of Caregivers with Children

**Estimated rates of school-aged children (ages 6-17) with commonly diagnosed mental health conditions are higher than pre-pandemic national and state estimates**

- According to caregiver-reported diagnosis



**US and Texas Benchmarks:** Child and Adolescent Health Measurement Initiative, 2019 National Survey of Children's Health.

**Wise County:** 2021 CCHAPS administered to parents/caregivers of children (ages 6-17) n= 153.

\*Response option on NSCH and CCHAPS survey listed as "ADD/ADHD"

**Population Estimates:** US CENSUS 2019, American Community Survey 5-Year Estimates for Wise County children ages 6-17 is 10,370.

# H.E.L.P. for Children

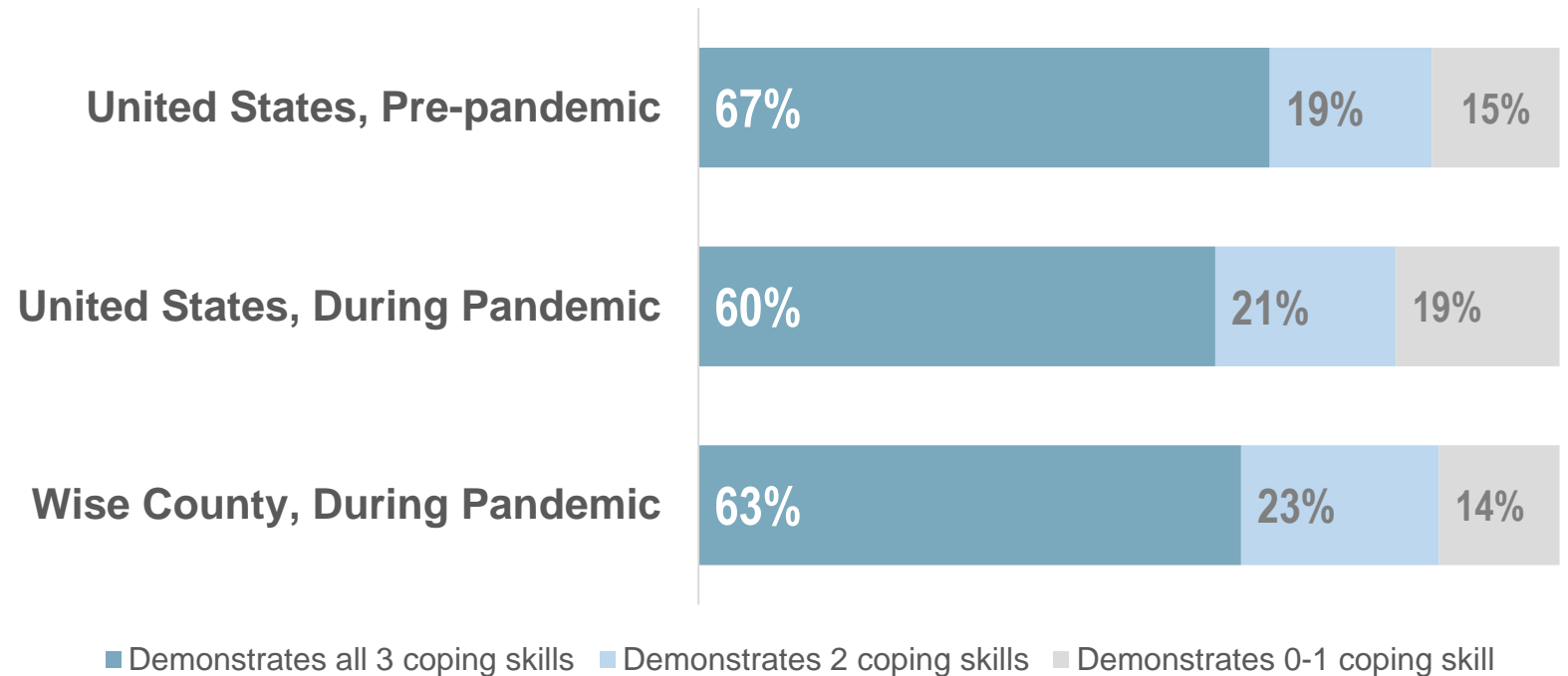
Readiness & Support for Academic Success

## Resiliency & Coping in Wise County

2021 CHNA Survey of Caregivers with Children

**Most children (ages 6-17) have 2 or more coping skills that demonstrate resiliency and self-regulation**

- According to caregiver



**US and Texas Benchmarks:** Child and Adolescent Health Measurement Initiative, 2019-2020 National Survey of Children's Health.

**Wise County:** 2021 CCHAPS administered to parents/caregivers of children (ages 6-17) n= 153.

\*For children ages 6-17, three questions were asked of caregivers to assess coping skills that demonstrate resiliency and self-regulation.

How often does this child: 1) Show interest and curiosity in learning new things, 2) work to finish tasks he or she starts, and 3) stays calm and in control when faced with a challenge. Responses of 'always' or 'usually' question indicate the child has the identified coping skill.

**Population Estimates:** US CENSUS 2019, American Community Survey 5-Year Estimates for Wise County children ages 6-17 is 10,370.

# H.E.L.P. for Children

Readiness & Support for Academic Success

## Access to Child Mental Health in Wise County

2021 CHNA Survey of Caregivers with Children

Access to developmental screenings and behavioral health may be limited for some families.

Additional factors that could impact child learning, development, and behavioral health:

- COVID-19 pandemic
- Undiagnosed mental health condition(s)
- Adverse Childhood Experiences (ACEs)
- Social determinants of health
- Caregiver concern of being reported/deported

## Needs & Gaps – Ages 3 to 17

- **1 in 5 children** did not have **continuous health insurance**.
- **1 in 3 school-aged children** may have a **negative impact to their mental health** due to the pandemic.
- **3 in 4 children** have a caregiver who is **not very familiar with mental health services** in the community.
- **Nearly 800 children** did not receive needed mental health care, primarily due to the COVID-19 pandemic, inadequate insurance, and limited availability of services.
- **Nearly 3,000 children** needed mental health treatment or counseling. **Over 70% experienced difficulty getting care.**

**Wise County:** 2021 CCHAPS administered to parents/caregivers of children (ages 3-17) in 8-county (n= 5,145) and Wise (n=183).

**Population Estimates:** US CENSUS 2019, American Community Survey 5-Year Estimates for Wise County children ages 3-17 is 13,189.

# H.E.L.P. for Children

Readiness & Support for Academic Success

## Mental Health & Healthy Lifestyle Behaviors

2021 CHNA Survey of Caregivers with Children, 8-County Service Area

School-aged children (ages 6-17) with a commonly diagnosed mental health condition are less likely to meet the following wellness recommendations compared to children without a diagnosed mental health condition:

- Eat fruit most days of the week [50% vs 63%]
- Eat vegetables most days of the week [49% vs 60%]
- 2 hours or less entertainment screen time every day [31% vs 42%]
- 1 hour of physical activity every day [18% vs 25%]
- 8 hours of sleep every day [77% vs 87%]
- Have a family meal on most days [73% vs 84%]

“Junior high is hard enough and then when you add in **social media**, bullying, cyber bullying...it’s just a whole different level of complexity. **Outdoor activities or the lack thereof** are another contributor to this.”

– community leader interview

**Local Benchmark:** 8-county service area results from 2021 CCHAPS administered to parents/caregivers of children (ages 6-17) with *no diagnosis of common mental health condition* (n=2,991) and *with at least 1 diagnosis of common mental health condition* (n=1,488). Common mental health conditions are based on caregiver-report of diagnosis by healthcare provider for Anxiety, ADHD, Behavioral/Conduct Problems, and/or Depression.

**Population Estimates:** US CENSUS 2019, American Community Survey 5-Year Estimates (ages 6-17): 867,640 for Collin, Grayson, Denton, Hood, Johnson, Parker, Tarrant, and Wise Counties combined.

# H.E.L.P. for Children in Wise County & 8-County Service Area

Community Health Needs and Equity Gaps

## How do we HELP every child with their learning?

### Learning

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#### Readiness & Support for Academic Success

- Equitable access to developmental screenings and mental health services
- Access to safe, stable housing, and food
- Parenting & family support
- Resources for coping, resiliency, and suicide prevention

“We make sure we have a social worker on each campus this year in particular due to the increase in these types of needs. The kids cannot focus on learning if their basic needs are not met.

**We want to be sure they are provided with all existing community resources.”**

– community leader interview

# H.E.L.P. for Children in Wise County & 8-County Service Area

Community Health Needs and Equity Gaps

## Parenting

### Parenting & Family Support

- Caregiver coping with parenting demands
- Caregiver has source of emotional support





# H.E.L.P. for Children

Parenting & Family Support

## Parent Coping in Wise County

2021 CHNA Survey of Caregivers with Children

**64% of children** (ages 0-17)  
have a caregiver who is coping 'very well'  
with day-to-day demands of raising children

### Trends:

This rate is **higher** than the local and US rates and **consistent with** TX benchmarks from *before and during the pandemic*.

- 54% 8-county local rate (2021)
- 62% U.S. (2019); 60% U.S. (2020)
- 66% Texas (2019); 65% Texas (2020)

### Needs & Gaps:

- ~5,900 children have caregiver who is not coping 'very well'  
*Rate of not coping 'very well'*
  - *By income:* **Highest in incomes under \$75k**
  - *By condition:* **Highest among children with mental health conditions**
  - *By ACEs:* **Highest among children with 2-8 ACEs**

**“You’ve got financial stress, emotional stress, people that may not have been able to provide for the family.”**

– parent @ focus group

**Local Rate Benchmark:** 8-county service area results from 2021 CCHAPS administered to parents/caregivers of children (ages 0-17) n=5,715. Based on 4-point Likert Scale with response options of very well, somewhat well, not very well, and not very well at all.

**US and Texas Benchmarks:** Child and Adolescent Health Measurement Initiative, 2019-2020 National Survey of Children’s Health.

**Wise County:** 2021 CCHAPS administered to parents/caregivers of children (ages 0-17) n= 218.

**Population Estimates:** US CENSUS 2019, American Community Survey 5-Year Estimates (ages 0-17): 16,350 for Wise County.

# H.E.L.P. for Children

Parenting & Family Support

## Emotional Support in Wise County

2021 CHNA Survey of Caregivers with Children

**91% of children** (ages 0-17)  
have a caregiver who has an a source of emotional support with parenting or raising children.

Most common sources are:

- Other family member or close friend
- Spouse or domestic partner
- Place of worship or religious leader
- Healthcare provider
- Peer support group

### Trends:

Similar to the local rate (87%), the Wise County rate of caregivers with emotional support is **higher** than US (75-77%) and Texas (70-72%) benchmarks from *before and during the pandemic*.

### Needs & Gaps:

- ~1,500 children have caregiver who doesn't have emotional support with parenting or raising children

“Emotional support? Well, I don't really know. I don't think I'm getting any. I attend church group meetings. There we get to release, talk about what's going on. **That's about the only support I have or people that I can talk to.**” – parent @ focus group

“I'm a single parent...I am exhausted. I work all day. I have to come home and cook. **Being exhausted and the kids need a lot of attention.** As parents... there's no **book.**” – parent @ focus group

**US and Texas Benchmarks:** Child and Adolescent Health Measurement Initiative, 2019-2020 National Survey of Children's Health.

**Wise County:** 2021 CCHAPS administered to parents/caregivers of children (ages 0-17) n= 218.

**Population Estimates:** US CENSUS 2019, American Community Survey 5-Year Estimates (ages 0-17): 16,350 for Wise County.

# H.E.L.P. for Children

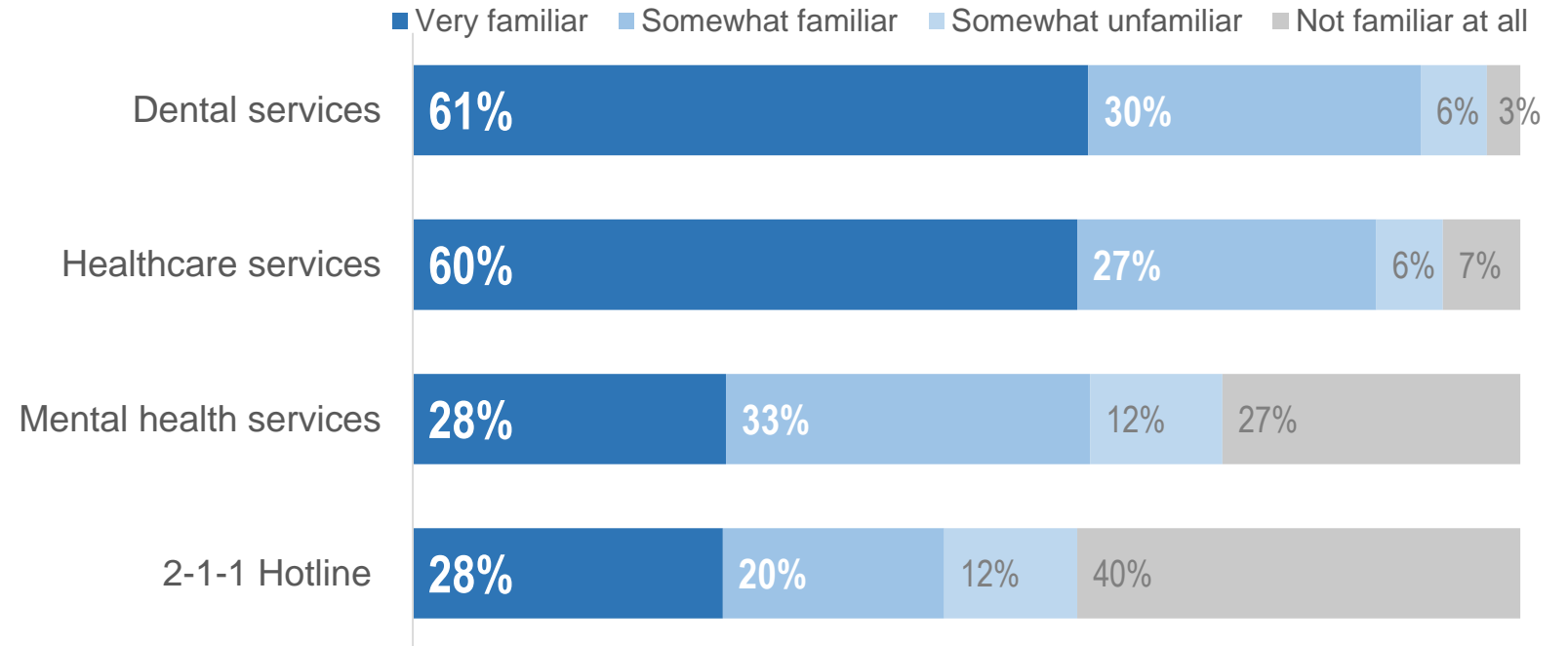
Parenting & Family Support

## Awareness of Resources in Wise County

2021 CHNA Survey of Caregivers with Children ages 0-17



Awareness of community resources to help with access to care, mental health, basic needs, and emotional support may be limited for some families.



Wise County: 2021 CCHAPS administered to parents/caregivers of children (ages 0-17) n= 218.

Population Estimates: US CENSUS 2019, American Community Survey 5-Year Estimates (ages 0-17): 16,350 for Wise County.

# H.E.L.P. for Children in Wise County & 8-County Service Area

Community Health Needs and Equity Gaps

## How do we HELP every child and their family?

### Parenting

#### Parenting & Family Support

- Awareness of parenting & family support resources
- Equitable access to healthy food and physical activity
- Equitable access to family-centered healthcare:
  - Preventive care
  - Health education
  - Assistance with basic and social needs

“Organizations are pulling resources together - such a positive and uplifting thing. Really profound. We also learned so much about available resources while connecting families in need with specific resources.”

– community leader interview



# How do we **HELP** every child with their health needs?



- HHealth      Equitable Access to Care & Basic Needs
- Environment      Safety Where Children Live, Learn, & Play
- Learning      Readiness & Support for Academic Success
- Parenting      Parenting & Family Support

# H.E.L.P. for Children & Families

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## HHealth

### **Equitable Access to Care & Basic Needs**

Children with limited access to preventive care may not receive needed health education, resources, and social support.

## EEnvironment

### **Safety Where Children Live, Learn, & Play**

Children with limited access to healthcare, or those without safe, stable housing and relationships have the highest need for safety.

## Learning

### **Readiness & Support for Academic Success**

Children with limited access to preventive care, developmental screenings, behavioral health, or social services have barriers to learning.

## Parenting

### **Parenting & Family Support**

Children & families with limited access to basic needs, healthcare, or safety may need additional social and emotional support from the community.



Break

**15 Minutes**

*Feel free to turn your camera off during this time*

# 2021 CHNA Connection to the Community

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[Link to Video on YouTube](#)



# Introduction

**Nicole Rosenbaum**



Coalition Chair  
**Wise Coalition for Healthy Children**



## Parenting Support in Wise County

### Vision

“All Wise County children have the opportunity to grow in a safe and loving environment free of abuse and neglect.”

#### Identified Community Health Need



Protective factors for healthy families include a supportive family network, support for basic needs, nurturing parenting skills, and communities that support parents and take ownership in preventing child abuse.

#### Current Strategies



Sustain & grow parent support initiatives



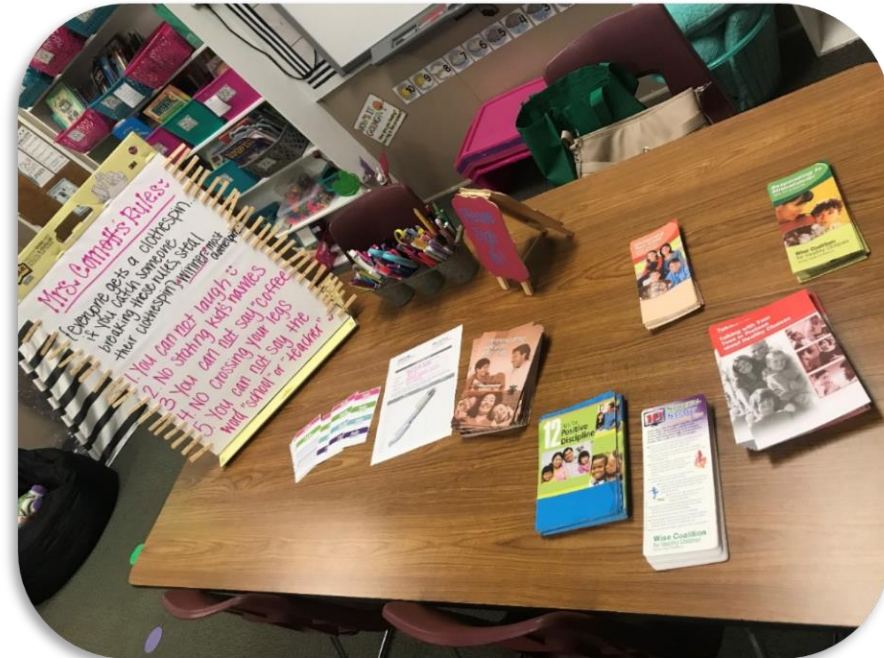
Improve capacity of professionals to provide support to parents



## Parenting Support in Wise County

### Parent Cafés

- Transitioned Parent Cafés to a virtual platform and incorporated one-on-one Parent Cafe sessions, as requested
- Created short videos highlighting key Parent Café messages as another tool to support parents in the community and create awareness for WCHC
- Added 10 additional Parent Café topics
- Partnered with Wise Health System and the Center for Emotional Wellness to offer Parent Cafés to parents of newborns





## Parenting Support in Wise County

### Community Engagement

- Hosted Counselor Roundtables with Wise County school counselors
- Distributed over 21,000 parenting support tools & educational resources
- Piloted art contest to support mental health awareness within Boyd ISD

### Child Abuse Prevention Month

- Partnered with CASA and the Child Advocacy Center of North Texas to highlight the importance of child abuse and neglect prevention
- Judge Clark read a proclamation acknowledging the importance of creating a community that keeps our kids safe and secure





**Wise Coalition**  
for Healthy Children  
led by Cook Children's

# 10 Year Anniversary

2011 - 2021

Convened  
**232** coalition,  
workgroup, and  
stakeholder  
meetings

Volunteers  
invested  
**1,996** hours at  
a value of  
**\$69,348**

Conducted **10**  
Parent Café  
facilitator  
trainings

Hosted **126** in  
person  
Parent Cafés  
with **485** parents  
and caregivers

**181** parents  
and caregivers  
attended multiple  
Parent Cafés

Engaged over  
**30** member  
organizations  
and community  
partners

Distributed over  
**20,700**  
parenting support  
tools & educational  
resources

Provided  
resources or  
volunteer support  
for **189**  
Wise County  
community events

**“All Wise County children have the opportunity to grow in a safe and loving environment free of abuse and neglect.”**

# Introduction

**Courtney Barnard,**  
EdD, LMSW-AP



Director, Child Wellness  
The Center for Children's Health  
**Cook Children's Health Care System**

# Green Crystal Award



Heather Beal  
Wise Health System



## Group Discussion

- Based on the data presentation, **what resources are available for families in Wise County related to parenting support?**
- Based on the children or families your organization serves, **what types of community resources do families need the most?** Are there collaboration opportunities for providing/sharing these resources?
- What other organizations need to be at the table to improve children's health in our community?



# Thank you!

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Please share feedback about  
today's event.





Contact Jammie Josephson at [Jammie.Josephson@cookchildrens.org](mailto:Jammie.Josephson@cookchildrens.org) to learn more about the coalition and involvement opportunities.

Visit [www.centerforchildrenshealth.org](http://www.centerforchildrenshealth.org) for more information about the coalition, available resources, and upcoming events.

Review the [Data Dashboard](#) to learn more about children's health in our region and Wise County.

