

2021

COMMUNITY HEALTH NEEDS ASSESSMENT

Eight-County Service Area

KidBits of information from 2021 Community-wide Children's Health Assessment & Planning Survey (CCHAPS)

From parents and caregivers of children ages 0-17

General health and access

**8 in 10
children**

have 'excellent' or 'very good' health.



**9 in 10
children**

were covered by some kind of health insurance or health plan all consecutive 12 months prior to completing the survey.

Top reasons



why children were **not able** to obtain necessary health services (medical, dental, mental health):

- COVID-19 pandemic.
- Insurance didn't cover some or all medical, dental or mental health care services.
- Services were not available in my area.

Many children went **WITHOUT** necessary care:



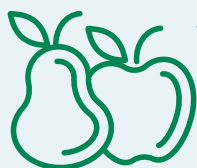
137,100 children weren't able to get needed medical care.



Over 180,000 weren't able to get needed dental care.



63,120 weren't able to get needed mental health care.



55,750 children

were living in households that 'sometimes' or 'often' **could not afford** enough to eat.

COVID-19

Half of all children ages 6-17

living in our eight-county region **have a caregiver who is concerned** that the COVID-19 pandemic will have a **negative impact** on both their education and mental health, respectively.



2021

COMMUNITY HEALTH NEEDS ASSESSMENT

From parents and caregivers of children ages 3-5

Parent coping and education



57% of children ages 3-5 have a **caregiver who is coping 'very well'** with daily parenting demands (**lower** than the national percentage of 63%).



70% of children ages 3-5 are **ready for school** according to their caregiver, which is **slightly lower** than the national percentage (75%).

From parents and caregivers of children ages 6-17

Education



50%

of children ages 6-17 **'always' care about doing well in school**, which is **slightly lower** than national percentage of 61%.

Mental health



Caregivers of children ages 6-17 reported that **19%** of children have been told they **have anxiety** and **10%** have been told they **have depression** by a health care provider. This is **slightly higher** than the national percentages, which are 13% and 6% respectively.

Parent coping



51%

of children ages 6-17 have a caregiver who is coping **'very well'** with daily parenting demands (**lower** than national percentage of 61%).



The survey asked parents and community leaders for the **top three most-needed health services** for children and the groups' answers varied:

From parents:

1. Preventive health care
2. Treatment for short term illnesses (cold or flu)
3. Immunizations (vaccines)

From community leaders:

1. Mental health care or counseling
2. Child abuse and neglect
3. Preventive health care

Data analysis prepared by Child Health Evaluation within The Center for Children's Health led by Cook Children's, Aug. 2021. Our 2021 Community Health Needs Assessment (CHNA) Parent Survey (also known as CCHAPS) is a triennial survey given to parents/caregivers with children (ages 0-17) within Collin, Denton, Grayson, Hood, Johnson, Parker, Tarrant and Wise counties. The results from 5,715 parents/caregivers provide a representative assessment of parent perception and health characteristics of children across the eight-county region. Survey responses are from caregivers of children across the community at large, not only Cook Children's patients. (US CENSUS 2019, American Community Survey 5-Year Estimates: 1,269,773). National survey percentages for comparison provided by Child and Adolescent Health Measurement Initiative, 2019 National Survey of Children's Health. For more information or for individual county findings, please contact CHNAFeedback@cookchildrens.org.

2021

COMMUNITY HEALTH NEEDS ASSESSMENT

COLLIN COUNTY

KidBits of information from 2021 Community-wide Children's Health Assessment & Planning Survey (CCHAPS)

From parents and caregivers of children ages 0-17

General health and access

**9 in 10
children**

have 'excellent' or 'very good' health.



**9 in 10
children**

were covered by some kind of health insurance or health plan all consecutive 12 months prior to completing the survey.

Many children went **WITHOUT** necessary care:



29,060 children (11%) weren't able to get needed medical care.



37,940 children (15%) weren't able to get needed dental care.



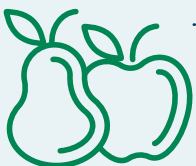
10,080 (4%) weren't able to get needed mental health care.

Top reasons



why children were **not able** to obtain necessary health services (medical, dental, mental health):

- COVID-19 pandemic.
- Insurance didn't cover some or all medical, dental or mental health care services.
- Services were not available in my area.



3,340 children

were living in households that 'sometimes' or 'often' **could not afford** enough to eat.

COVID-19

Over half of all children ages 6-17

(52%) **have a caregiver who is concerned** that the COVID-19 pandemic will have a **negative impact** on both their education and mental health, respectively



2021

COMMUNITY HEALTH NEEDS ASSESSMENT

COLLIN COUNTY

From parents and caregivers of children ages 3-5

Parent coping and education



56% of children ages 3-5 have a **caregiver who is coping 'very well'** with daily parenting demands (**lower** than the national percentage of 63%).



69% of children ages 3-5 are **ready for school** according to their caregiver, which is **slightly lower** than the national percentage (75%).

From parents and caregivers of children ages 6-17

Education



51%

of children ages 6-17 '**always**' **care about doing well in school**, which is **slightly lower** than national percentage of 61%.

Mental health



Caregivers of children ages 6-17 reported that **19%** of children have been told they **have anxiety** and **10%** have been told they **have depression** by a health care provider. This is **slightly higher** than the national percentages, which are 13% and 6% respectively.

Parent coping



47%

of children ages 6-17 have a caregiver who is coping '**very well**' with daily parenting demands (**lower** than national percentage of 61%).



Top three most-needed health services:

Parents said:

1. Preventive health care
2. Treatment for short term illnesses (cold or flu)
3. Mental health care or counseling

Community leaders said:

1. Mental health care or counseling
2. Child abuse and neglect
3. Preventive health care

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2021

COMMUNITY HEALTH NEEDS ASSESSMENT

DENTON COUNTY

KidBits of information from 2021 Community-wide Children's Health Assessment & Planning Survey (CCHAPS)

From parents and caregivers of children ages 0-17

General health and access

**9 in 10
children**

have 'excellent' or 'very good' health.



**9 in 10
children**

were covered by some kind of health insurance or health plan all consecutive 12 months prior to completing the survey.

Top reasons



why children were **not able** to obtain necessary health services (medical, dental, mental health):

- COVID-19 pandemic.
- Insurance didn't cover some or all medical, dental or mental health care services.
- Services were not available in my area.

Many children went **WITHOUT** necessary care:



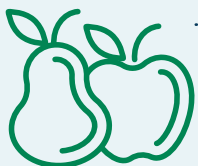
21,280 children (10%) weren't able to get needed medical care.



26,020 children (13%) weren't able to get needed dental care.



9,020 (4%) weren't able to get needed mental health care.



7,270 children

were living in households that 'sometimes' or 'often' **could not afford** enough to eat.

COVID-19

Over half of all children ages 6-17

have a caregiver who is **concerned** that the COVID-19 pandemic will have a **negative impact** on both their education (51%) and mental health (54%), respectively



2021

COMMUNITY HEALTH NEEDS ASSESSMENT

DENTON COUNTY

From parents and caregivers of children ages 3-5

Parent coping and education



49% of children ages 3-5 have a **caregiver who is coping 'very well'** with daily parenting demands (**lower** than the national percentage of 63%).



68% of children ages 3-5 are **ready for school** according to their caregiver, which is **slightly lower** than the national percentage (75%).

From parents and caregivers of children ages 6-17

Education



52%

of children ages 6-17 **'always' care about doing well in school**, which is **slightly lower** than national percentage of 61%.

Mental health



Caregivers of children ages 6-17 reported that **19%** of children have been told they **have anxiety** and **10%** have been told they **have depression** by a health care provider. This is **slightly higher** than the national percentages, which are 13% and 6% respectively.

Parent coping



49%

of children ages 6-17 have a caregiver who is coping **'very well'** with daily parenting demands (**lower** than national percentage of 61%).



Top three most-needed health services:

Parents said:

1. Preventive health care
2. Treatment for short term illnesses (cold or flu)
3. Vaccines

Community leaders said:

1. Mental health care or counseling
2. Child abuse and neglect
3. Preventive health care

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2021

COMMUNITY HEALTH NEEDS ASSESSMENT

GRAYSON COUNTY

KidBits of information from 2021 Community-wide Children's Health Assessment & Planning Survey (CCHAPS)

From parents and caregivers of children ages 0-17

General health and access

**8 in 10
children**

have 'excellent' or 'very good' health.



**9 in 10
children**

were covered by some kind of health insurance or health plan all consecutive 12 months prior to completing the survey.

Many children went WITHOUT necessary care:



3,690 children (12%) weren't able to get needed medical care.



4,910 children (16%) weren't able to get needed dental care.



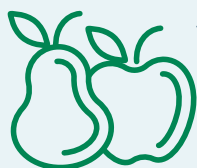
2,120 (7%) weren't able to get needed mental health care.

Top reasons



why children were **not** able to obtain necessary health services (medical, dental, mental health):

- COVID-19 pandemic.
- Insurance didn't cover some or all medical, dental or mental health care services.
- Services were not available in my area.



1 in 10 children

(3,280) were living in households that 'sometimes' or 'often' **could not afford** enough to eat.

COVID-19

More than 1 in 3 children ages 6-17

have a caregiver who is **concerned** that the COVID-19 pandemic will have a **negative impact** on both their education (41%) and mental health (37%), respectively



2021

COMMUNITY HEALTH NEEDS ASSESSMENT

GRAYSON COUNTY

From parents and caregivers of children ages 3-5

Parent coping and education



40% of children ages 3-5 have a **caregiver who is coping 'very well'** with daily parenting demands (**lower** than the national percentage of 63%).



9% of children ages 3-5 **may not be ready for school** according to their caregiver (**slightly higher** than national percentage of 8%).

From parents and caregivers of children ages 6-17

Education



51%

of children ages 6-17 **'always' care about doing well in school**, which is **lower** than national percentage of 61%.

Mental health



Caregivers of children ages 6-17 reported that **21%** of children have been told they **have anxiety** and **13%** have been told they **have depression** by a health care provider. This is **slightly higher** than the national percentages, which are 13% and 6% respectively.

Parent coping



58%

of children ages 6-17 have a caregiver who is coping **'very well'** with daily parenting demands (**slightly lower** than national percentage of 61%).



Top three most-needed health services:

Parents said:

1. Preventive health care
2. Treatment for short term illnesses (cold or flu)
3. Treatment for long-term illnesses (such as asthma or diabetes)

Community leaders said:

1. Mental health care or counseling
2. Child abuse and neglect
3. Preventive health care

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2021

COMMUNITY HEALTH NEEDS ASSESSMENT

HOOD COUNTY

KidBits of information from 2021 Community-wide Children's Health Assessment & Planning Survey (CCHAPS)

From parents and caregivers of children ages 0-17

General health and access

**9 in 10
children**

have 'excellent' or 'very good' health.



**9 in 10
children**

were covered by some kind of health insurance or health plan all consecutive 12 months prior to completing the survey.

Many children went **WITHOUT** necessary care:



980 children (8%) weren't able to get needed medical care.



1,740 children (15%) weren't able to get needed dental care.



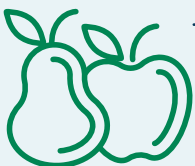
130 children (1%) weren't able to get needed mental health care.

Top reasons



why children were **not** able to obtain necessary health services (medical, dental, mental health):

- COVID-19 pandemic.
- Insurance didn't cover some or all medical, dental or mental health care services.
- Services were not available in my area.



More than 1 in 10 children

(1,590) were living in households that 'sometimes' or 'often' **could not afford** enough to eat.

COVID-19

Two out of five children ages 6-17

have a caregiver who is **concerned** that the COVID-19 pandemic will have a **negative impact** on both their education and mental health, respectively



2021

COMMUNITY HEALTH NEEDS ASSESSMENT

HOOD COUNTY

From parents and caregivers of children ages 3-5

Parent coping and education



54% of children ages 3-5 have a **caregiver who is coping 'very well'** with daily parenting demands (**lower** than the national percentage of 63%).



69% of children ages 3-5 are **ready for school** according to their caregiver, which is **slightly lower** than the national percentage (75%).

From parents and caregivers of children ages 6-17

Education



58%

of children ages 6-17 **'always' care about doing well in school**, which is **slightly lower** than national percentage of 61%.

Mental health



Caregivers of children ages 6-17 reported that **22%** of children have been told they **have anxiety** and **10%** have been told they **have depression** by a health care provider. This is **slightly higher** than the national percentages, which are 13% and 6% respectively.

Parent coping



50%

of children ages 6-17 have a caregiver who is coping **'very well'** with daily parenting demands (**lower** than national percentage of 61%).



**Top three
most-needed
health services:**

Parents said:

1. Preventive health care
2. Treatment for short term illnesses (cold or flu)
3. Treatment for long-term illnesses (such as asthma or diabetes)

Community leaders said:

1. Mental health care or counseling
2. Child abuse and neglect
3. Preventive health care

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2021

COMMUNITY HEALTH NEEDS ASSESSMENT

JOHNSON COUNTY

KidBits of information from 2021 Community-wide Children's Health Assessment & Planning Survey (CCHAPS)

From parents and caregivers of children ages 0-17

General health and access

**9 in 10
children**

have 'excellent' or 'very good' health.



**9 in 10
children**

were covered by some kind of health insurance or health plan all consecutive 12 months prior to completing the survey.

Top reasons



why children were **not** able to obtain necessary health services (medical, dental, mental health):

- COVID-19 pandemic.
- Insurance didn't cover some or all medical, dental or mental health care services.
- Services were not available in my area.

Many children went **WITHOUT** necessary care:



17,950 children (12%) weren't able to get needed medical care.



21,060 children (16%) weren't able to get needed dental care.



10,870 children (7%) weren't able to get needed mental health care.



6,120 children

were living in households that 'sometimes' or 'often' **could not afford** enough to eat.

8 in 10 children

(an estimated 116,112) are getting **too much entertainment screen time** (more than 2 hours a day)



COVID-19

More than two out of five children ages 6-17

have a caregiver who is **concerned** that the COVID-19 pandemic will have a **negative impact** on both their education (45%) and mental health (46%), respectively



2021

COMMUNITY HEALTH NEEDS ASSESSMENT

JOHNSON COUNTY

From parents and caregivers of children ages 3-5

Parent coping and education



68% of children ages 3-5 have a **caregiver who is coping 'very well'** with daily parenting demands (**slightly higher** than the national percentage of 63%).



76% of children ages 3-5 **are ready for school** according to their caregiver, which is **similar** to the national percentage (75%).

From parents and caregivers of children ages 6-17

Education



43%

of children ages 6-17 **'always' care about doing well in school**, which is **lower** than national percentage of 61%.

Mental health



Caregivers of children ages 6-17 reported that **26%** of children have been told they **have anxiety** and **12%** have been told they **have depression** by a health care provider. This is **higher** than the national percentages, which are 13% and 6% respectively.

Parent coping



50%

of children ages 6-17 have a caregiver who is coping **'very well'** with daily parenting demands (**lower** than national percentage of 61%).



Top three most-needed health services:

Parents said:

1. Preventive health care
2. Treatment for short term illnesses (cold or flu)
3. Mental health care or counseling

Community leaders said:

1. Mental health care or counseling
2. Child abuse and neglect
3. Preventive health care

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2021

COMMUNITY HEALTH NEEDS ASSESSMENT

PARKER COUNTY

KidBits of information from 2021 Community-wide Children's Health Assessment & Planning Survey (CCHAPS)

From parents and caregivers of children ages 0-17

General health and access

8 in 10
children

have 'excellent' or 'very good' health.



9 in 10
children

were covered by some kind of health insurance or health plan all consecutive 12 months prior to completing the survey.

Many children went WITHOUT necessary care:



3,580 children (10%) weren't able to get needed medical care.



4,620 children (13%) weren't able to get needed dental care.



1,900 children (5%) weren't able to get needed mental health care.

Top reasons



why children were **not able** to obtain necessary health services (medical, dental, mental health):

- COVID-19 pandemic.
- Insurance didn't cover some or all medical, dental or mental health care services.
- Services were not available in my area.



9 in 10 children

(an estimated 30,640) are getting **too much entertainment screen time** (more than 2 hours a day)

COVID-19

Two out of five children ages 6-17

have a caregiver who is **concerned** that the COVID-19 pandemic will have a **negative impact** on both their education (40%) and mental health (38%), respectively



2021

COMMUNITY HEALTH NEEDS ASSESSMENT

PARKER COUNTY

From parents and caregivers of children ages 3-5

Parent coping and education



60% of children ages 3-5 have a **caregiver who is coping 'very well'** with daily parenting demands (**slightly lower** than the national percentage of 63%).



59% of children ages 3-5 **are ready for school** according to their caregiver, which is **lower** than the national percentage (75%).

From parents and caregivers of children ages 6-17

Education



50%

of children ages 6-17 **'always' care about doing well in school**, which is **lower** than national percentage of 61%.

Mental health



Caregivers of children ages 6-17 reported that **23%** of children have been told they **have anxiety** and **14%** have been told they **have depression** by a health care provider. This is **higher** than the national percentages, which are 13% and 6% respectively.

Parent coping



50%

of children ages 6-17 have a caregiver who is coping **'very well'** with daily parenting demands (**lower** than national percentage of 61%).



Top three most-needed health services:

Parents said:

1. Preventive health care
2. Short term illnesses (cold or flu)
3. Long-term illnesses (such as asthma or diabetes)

Community leaders said:

1. Mental health care or counseling
2. Child abuse and neglect
3. Preventive health care

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2021

COMMUNITY HEALTH NEEDS ASSESSMENT

TARRANT COUNTY

KidBits of information from 2021 Community-wide Children's Health Assessment & Planning Survey (CCHAPS)

From parents and caregivers of children ages 0-17

General health and access

**8 in 10
children**

have 'excellent' or 'very good' health.



**9 in 10
children**

were covered by some kind of health insurance or health plan all consecutive 12 months prior to completing the survey.

Many children went **WITHOUT** necessary care:



58,940 children (11%) weren't able to get needed medical care.



77,700 children (15%) weren't able to get needed dental care.



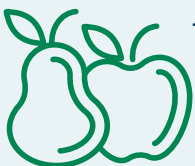
28,260 children (5%) weren't able to get needed mental health care.

Top reasons



why children were **not able** to obtain necessary health services (medical, dental, mental health):

- COVID-19 pandemic.
- Insurance didn't cover some or all medical, dental or mental health care services.
- Services were not available in my area.



31,600 children

were living in households that 'sometimes' or 'often' **could not afford** enough to eat.

COVID-19

Half of children ages 6-17

have a caregiver who is concerned that the COVID-19 pandemic will have a **negative impact** on both their education and mental health, respectively



2021

COMMUNITY HEALTH NEEDS ASSESSMENT

TARRANT COUNTY

From parents and caregivers of children ages 3-5

Parent coping and education



59% of children ages 3-5 have a **caregiver who is coping 'very well'** with daily parenting demands (**slightly lower** than the national percentage of 63%).



71% of children ages 3-5 are **ready for school** according to their caregiver, which is **slightly lower** than the national percentage (75%).

From parents and caregivers of children ages 6-17

Education



50%

of children ages 6-17 **'always' care about doing well in school**, which is **lower** than national percentage of 61%.

Mental health



Caregivers of children ages 6-17 reported that **18%** of children have been told they **have anxiety** and **10%** have been told they **have depression** by a health care provider. This is **higher** than the national percentages, which are 13% and 6% respectively.

Parent coping



53%

of children ages 6-17 have a caregiver who is coping **'very well'** with daily parenting demands (**lower** than national percentage of 61%).



Top three most-needed health services:

Parents said:

1. Preventive health care
2. Short term illnesses (cold or flu)
3. Long-term illnesses (such as asthma or diabetes)

Community leaders said:

1. Mental health care or counseling
2. Child abuse and neglect
3. Preventive health care

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2021

COMMUNITY HEALTH NEEDS ASSESSMENT

WISE COUNTY

KidBits of information from 2021 Community-wide Children's Health Assessment & Planning Survey (CCHAPS)

From parents and caregivers of children ages 0-17

General health and access

**8 in 10
children**

have 'excellent' or 'very good' health.



**9 in 10
children**

were covered by some kind of health insurance or health plan all consecutive 12 months prior to completing the survey.

Top reasons



why children were **not able** to obtain necessary health services (medical, dental, mental health):

- COVID-19 pandemic.
- Insurance didn't cover some or all medical, dental or mental health care services.
- Services were not available in my area.

Many children went **WITHOUT** necessary care:



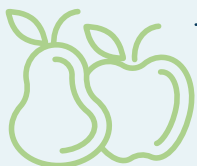
1,620 children (10%) weren't able to get needed medical care.



1,740 children (12%) weren't able to get needed dental care.



740 children (4.5%) weren't able to get needed mental health care.



1,230 children

were living in households that 'sometimes' or 'often' **could not afford** enough to eat.

COVID-19

More than 1 in 3 children ages 6-17

have a caregiver who is **concerned** that the COVID-19 pandemic will have a **negative impact** on their education and mental health, respectively



2021

COMMUNITY HEALTH NEEDS ASSESSMENT

WISE COUNTY

From parents and caregivers of children ages 3-5

Parent coping and education



58% of children ages 3-5 have a **caregiver who is coping 'very well'** with daily parenting demands (**lower** than the national percentage of 63%).



14% of children ages 3-5 **may not be ready for school** according to their caregiver (**higher** than national percentage of 8%).

From parents and caregivers of children ages 6-17

Education



51%

of children ages 6-17 **'always' care about doing well in school**, which is **lower** than national percentage of 61%.

Mental health



Caregivers of children ages 6-17 reported that **17%** of children have been told they **have anxiety** and **11%** have been told they **have depression** by a health care provider. This is **higher** than the national percentages, which are 13% and 6% respectively.

Parent coping



64%

of children ages 6-17 have a caregiver who is coping **'very well'** with daily parenting demands (**slightly higher** than national percentage of 61%).



Top three most-needed health services:

Parents said:

1. Preventive health care
2. Treatment for short term illnesses (cold or flu)
3. Vaccines

Community leaders said:

1. Mental health care or counseling
2. Child abuse and neglect
3. Preventive health care

Data analysis prepared by Child Health Evaluation within The Center for Children's Health led by Cook Children's, Aug. 2021. Our 2021 Community Health Needs Assessment (CHNA) Parent Survey (also known as CCHAPS) is a triennial survey given to parents/caregivers with children (ages 0-17) within Collin, Denton, Grayson, Hood, Johnson, Parker, Tarrant and Wise counties. The results from 5,715 parents/caregivers provide a representative assessment of parent perception and health characteristics of children across the eight-county region. Survey responses are from caregivers of children across the community at large, not only Cook Children's patients. (US CENSUS 2019, American Community Survey 5-Year Estimates: 1,269,773). National survey percentages for comparison provided by Child and Adolescent Health Measurement Initiative, 2019 National Survey of Children's Health. Community leader survey results from all eight counties. For more information, please contact CHNAFeedback@cookchildrens.org.